

WILLOW BARK EXTRACT IS EFFECTIVE IN RELIEVING CHRONIC LOW BACK PAIN

Povoroznyuk, W; Karasevskaya, TA. Study of efficacy and safety of willow bark extract (Assalix) in treatment of chronic low back pain in patients of different age with osteochondrosis. PROCEEDINGS OF THE 13TH INTERNATIONAL PAIN CLINIC CONGRESS: WORLD SOCIETY OF PAIN CLINICIANS, 2008: 149-153 MEDIMOND S R L, 40128 BOLOGNA

Phytotherapy with a low level of toxicity and low incidence of adverse events is very popular today. Assalix is a standardized willow bark extract having analgesic and anti-inflammatory action. Its value was test on 16 patients aged 30-74 years suffering from chronic low back pain. Roland-Morris and Mc-Gill questionnaires, VAS and Euro-Qol scale measured response to care. All patients took Assalix in a dose of 2 dragees twice a day during 20 days, afterwards - 1 dragee twice a day during the next 20 days. After the course of treatment with Assalix the reliable decline of LBP syndrome intensity, significant improvement of spine functional state indexes and of the quality of life were found. Thus, Assalix is effective and safe in decreasing of the LBP syndrome pronouncement in patients of different age-dependent groups.